

Yellowknife Oldtimers Hockey Association

MINIMUM SUSPENSIONS

Updated: January 2025

Notes:

1. For multiple season suspensions, the player must pay regular team dues to the YOTHA and be included on his regular team's roster for that season to count. Should that player enter the league again, they will be placed on permanent probation and should they fight again they will be suspended for life.
2. As a league, we don't track wins and losses, goals and assists and this is to be a League for everyone so scoring is not an excuse to run over the goalie.
3. A Gross Misconduct is assessed to anyone who conducts themselves in a manner as to make a travesty of the game. Such actions may also be described as verbal or physical taunts or gestures that cause harm to the reputation of the game.
4. Discipline Chair can review any incident regardless if a penalty was assessed or not if request was submitted by a referee or a team representative.
5. All suspensions noted as "indefinite" require review by the Discipline Chair and Board of Directors.

ADDITIONAL NOTES CONTINUE ON THE LAST PAGE

SECTION 1 - MALTREATMENT

Rule #	Type	Penalty	Suspension	Last 10 Minutes
11.1(e)	Game Misconduct	Unsportsmanlike Conduct	1 game	2 games
11.2(e)	Game Misconduct	Abusive Behavior	2 games	3 games
11.2(f)	Gross Misconduct	Abusive Behavior	5 games	6 games
11.3(c)	Match	Spitting	5 games	n/a
11.4	Gross Misconduct	Discrimination	Indefinite Suspension (Minimum 5 Games)	n/a
11.5(c)	Match	Physical Harassment of Officials	Indefinite Suspension	n/a
11.5(e)	Game Misconduct	Physical Harassment of Officials	10 games	11 games
Progressive Suspensions - Player or Team Official				
Rule #	Penalty		Suspension	Last 10 Minutes
11.1(e)	Receives 2 Game Misconducts under Rule 11.1 in a season		3 games	4 games
11.1(e)	Receives 3 or more Game Misconducts under Rule 11.1 in a season		6 games	7 games
11.2(e)	Receives 2 Game Misconducts under Rule 11.2 in a season		4 games	5 games
11.2(e)	Receives 3 or more Game Misconducts under Rule 11.2 in a season		6 games	7 games
11.2(f)	Receives 2 Gross Misconducts under Rule 11.2 in a season		Indefinite Suspension	n/a
11.4	Receives 2 or more Gross Misconducts under Rule 11.4 in a season		Indefinite Suspension	n/a
11.5(e)	Receives 2 or more Game Misconducts under Rule 11.5(e) in a season		Indefinite Suspension	n/a

SECTION 2 - MAJOR PENALTIES

Rule #	Type	Penalty	Suspension	Last 10 Minutes
7.1(b)	Major	Attempt to injure or Deliberate Injury	3 games	4 games
7.2(b)	Major	Boarding	3 games	4 games
7.3(b)	Major	Body Checking	3 games	4 games
7.4(b)	Major	Charging	3 games	4 games
7.5(b)	Major	Checking from Behind	3 games	4 games
7.6(b)	Major	Head Contact	3 games	4 games
7.8(b)	Major	Kneeing	3 games	4 games
7.9(b)	Major	Roughing	3 games	4 games
8.3(b)	Major	Interference	3 games	4 games
8.4(b)	Major	Interference from the Bench	3 games	4 games
8.5(b)	Major	Interference with the Goaltender	3 games	4 games
8.7(b)	Major	Clipping	3 games	4 games
9.2(b)	Major	Cross-Checking	3 games	4 games
9.3(b)	Major	Slashing	3 games	4 games
10.5(b)	Major	Throwing or Shooting Stick or Object	3 games	4 games
10.8(b)	Major	Refusing to Start Play	See other (Section 5)	n/a
Progressive Suspensions - Player				
Any player receiving 2 Majors in same season for any of the above infractions			6 games	7 games
Any player receiving 3 Majors in same season for any of the above infractions			9 games	10 games
Any player receiving 4 Majors in same season for any of the above infractions			Indefinite Suspension	n/a
Progressive Suspensions - Coach				
Any team receiving a combination equaling 3 penalties in the same game from a Major penalty, Match penalty or fighting infraction.			1 game	n/a
For a 2nd violation of a team receiving a combination equaling 3 penalties in the same game from a Major penalty, Match penalty or fighting infraction.			3 games	n/a
For a 3rd violation of a team receiving a combination equaling 3 penalties in the same game from a Major penalty, Match penalty or fighting infraction.			Indefinite Suspension	n/a

SECTION 3 - MATCH PENALTIES

Rule #	Type	Penalty	Suspension	Last 10 Minutes
7.1(c)	Match	Attempt to Injure or Deliberate Injury	Indefinite Suspension	n/a
7.2(c)	Match	Boarding	7 games	n/a
7.3(c)	Match	Body Checking	7 games	n/a
7.4(c)	Match	Charging	7 games	n/a
7.5(c)	Match	Checking from Behind	7 games	n/a
7.6(c)	Match	Head Contact	7 games	n/a
7.8(c)	Match	Kneeing	7 games	n/a
7.9(c)	Match	Roughing	7 games	n/a
8.3(c)	Match	Interference	7 games	n/a
8.4(c)	Match	Interference from the Bench	7 games	n/a
8.5(c)	Match	Interference with the Goaltender	7 games	n/a
8.7(c)	Match	Clipping	7 games	n/a

8.8(c)	Match	Slew Footing	7 games	n/a
9.1(c)	Match	Butt-Ending	7 games	n/a
9.2(c)	Match	Cross Checking	7 games	n/a
9.3(c)	Match	Slashing	7 games	n/a
9.4(c)	Match	Spearing	7 games	n/a
10.5(c)	Match	Throwing or Shooting Stick or Object	7 games	n/a
Progressive Suspensions - Player				
Any player receiving 2 Match penalties in same season for any of the above infractions			15 games	n/a
Any player receiving 3 Match penalties in same season for any of the above infractions			2yr ban with application	to reinstate player

SECTION 4 - FIGHTING PENALTIES

Rule #	Type	Penalty	Suspension	Last 10 Minutes
7.10(b)	Major	Fighting - First Offence	7 games	8 games
		Fighting - Second Offence	15 games	16 games
		Fighting - Third Offence	2yr ban with application to reinstate player	
		Fighting - Fourth Offence	n/a	n/a
7.10(b)	Pre/Post Game Altercations			
	Major + GM	Any player involved where Majors and Game Misconducts are assessed.	2 games	3 games
	Major + GM	Coach of team whose players are so penalized.	Indefinite Suspension	n/a
7.10(c)	Match	Fighting – wearing rings or tape to inflict punishment.	7 games	n/a
7.10(e)	Game Misc.	Player who joins in a fight or acts as a peacemaker.	2 games	3 games
7.10(e)	Game Misc.	Player who takes part in another or secondary fight during the same stoppage of play.	2 games	3 games
7.10(f)	Gross Misc.	Fighting or joining a fight with or as a team official	5 games	6 games
7.11(a)	Instigator of a Fight			
	Minor	First Offense	3 games	n/a
	Minor	Second Offense	5 games	n/a
	Minor	Third Offense	2yr ban with application to reinstate player	
	NA	The coach of team whose player is penalized for a third offence of Instigator or Aggressor.	3 games	n/a
<i>Rule 7.11(a) Note: If a player is assessed both penalties in the same altercation, they would be suspended for both offences.</i>				
7.11(a)	Aggressor of a Fight			
	Minor	First Offense	3 games	n/a
	Minor	Second Offense	5 games	n/a
	Minor	Third Offense	2yr ban with application to reinstate player	
	NA	The coach of team whose player is penalized for a third offence of Instigator or Aggressor.	3 games	n/a
<i>Rule 7.11(a) Note: If a player is assessed both penalties in the same altercation, they would be suspended for both offences.</i>				
10.4(e)	Game Misc.	Player identified as first to leave the players' or penalty bench during a fight or for the purpose of fighting.	3 games	4 games
10.4(e)	Game Misc.	Coach of a team whose player is identified as first to leave the players' or penalty bench during a fight or for the purpose of fighting.	3 games	4 games

10.4(e)	Game Misc.	Coach whose player is not identified as the first to leave the players' or penalty bench during an on-ice altercation.	1 game	2 games
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SECTION 5 - OTHER

Rule #	Type	Penalty	Suspension	Last 10 Minutes
4.8(c)	Game Misc.	Any player or team official who is assessed a Game Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.8(c) is in addition to any suspensions applied under the minimum guidelines.	1 game	n/a
4.9(b)	Gross Misc.	Any player or team official who is assessed a Gross Misconduct penalty in the last 10 minutes of regular playing time, at any time in overtime, or after the conclusion of the game will automatically be suspended for a minimum of the next regular league/play-off game or seven days. Note: The 1 game suspension under Rule 4.9(b) is in addition to any suspensions applied under the minimum guidelines.	1 game	n/a
4.9	Gross Misc.	Any gross misconduct assessed to a player or team official not otherwise covered within these guidelines	5 games	6 games
10.4(f)	Gross Misc.	Any player or team official who, having been removed from the game due to a Game Ejection, Game Misconduct, Gross Misconduct, or Match penalty, returns to the ice surface or becomes involved with or disrupts the game in any way.	Indefinite Suspension	n/a
10.8	n/a	Refusing to Start Play	Indefinite Suspension	n/a

Additional notes:

1. A Game Ejection will be assessed to any player assessed any 3 minor penalties in one game. For greater clarity, a double-minor penalty counts as one penalty.
2. "Regular" 10-minute misconducts assessed per Rule 11.1 (d) or 11.2 (d) in the last 10 minutes will be followed by a one game suspension. Second offence will result in a 3 game suspension. A third offence will be a 5 game suspension.
3. A player is ineligible to play in the YKOHHA while serving a suspension issued by the YK Rec League.
4. Discipline Chair decision (suspension) will be assessed to a player as soon as possible following the incident and prior to the next scheduled game of the team(s) in question. Reports to the Discipline Chair will have the following procedure:
 - a. Game Report is forwarded from the referee to the Referee in Chief (RIC)
 - b. Report includes the penalty called, rule #, and short description of penalty
 - c. Referee will include a written report on the play and penalty in question to the RIC
 - d. RIC forwards the game report and the Hockey Canada minimum suspension for the corresponding rule to the Discipline Chair and the League Executive
 - e. The Discipline Chair makes the ruling based on additional league supplemental discipline contained in this document, and notifies the teams.
5. A reduction to the specific number of games issued as a suspension in this document is not permitted.
6. Team Reps may only appeal suspensions issued under the "Indefinite Suspension" in any category during a league meeting after which a final decision will be determined by the League Executive.